

Infection prevention starts with every action

Tips for health and social care staff



Clean your hands



Speak up and be informed



Follow respiratory hygiene / cough etiquette



Ensure equipment, devices, and environment are clean and safe



Use antibiotics responsibly, and remember antibiotics do not treat viruses, including Flu



Get vaccinated as appropriate



Stop and remove unnecessary invasive devices



Respect personal and environmental hygiene



Stay alert to signs of infection and report early and instigate prompt IPC precautions



Stop unnecessary glove use



Engage in shared decision-making and transparency



Support continuous improvement and learning

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