

Aseptic Technique

Infection Prevention
Safety Steps

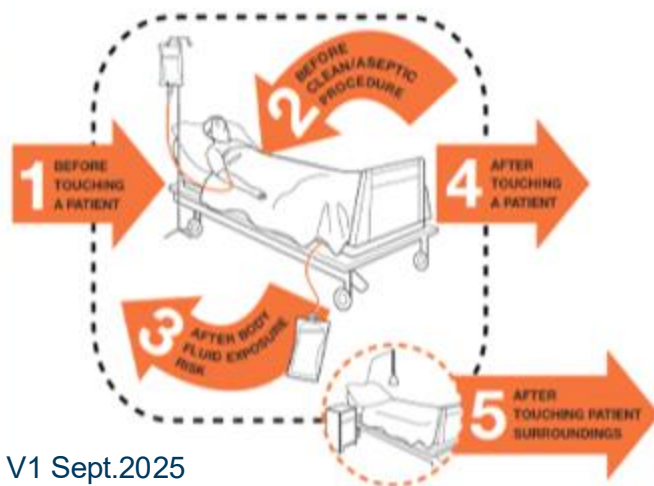


Emptying a urine drainage bag



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Your 5 moments for hand hygiene¹



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Safety steps

A

- Collect equipment:
- Non-sterile gloves
 - A clean container
 - Alcohol-based wipe

B

Take equipment to the patient's bedside

Moments 1 and/or 2 hand hygiene¹

C

1. Put on clean gloves and apron
2. Empty the urine into the clean container ensuring the *key part*² is protected

D

1. Close the tap
2. Disinfect* the outlet tap

E

1. Go directly to toilet or sluice to measure and discard urine
2. Decontaminate/dispose of the urine container as local policy

F

Remove gloves and apron

Moment 3 hand hygiene¹

Safety points

Ensure hands are clean before starting task

If the patient or bed area is touched prior to handling the outlet tap remove gloves and repeat hand hygiene (Moment 2) before Step C

Removing urine from the outlet tap reduces risk of bacterial growth

If urine cannot be discarded immediately, perform Step F and hand hygiene (Moment 3) prior to starting any other task

* e.g. using alcohol-based wipe

1. WHO guidelines on hand hygiene in health care: World Health Organization, 2009. Licence: [CC BY-NC-SA 3.0 IGO](https://creativecommons.org/licenses/by-nc-sa/3.0/).
2. Association for safe aseptic practice <https://www.antt.org>